

# Glossary of Pāli Terms and Buddhist Concepts 1

<p style="color: green; font-weight: bold;">“Bodhipakkhiyādhammā 37 factors of enlightenment “</p> <p>(When practised lead to liberation i.e. end of suffering.)</p>	
<b>Four Satipaṭṭhāna</b>	
satipaṭṭhāna	attending mindfully; being present with understanding
<b>1. Body/Kayanupassanā,</b>	
mahābhūta: 1. paṭhavīdhātu 2. Āpodhātu 3. Tejodhātu 4. Vāyodhātu	4 Element: 1. Earth element 2. Water element 3. Fire element 4. Air element
sivathikadvāra	Charnel Ground Contemplations: cemetery gate; entrance to the charnel ground
sati	mindfulness; presence; recollection; awareness
<b>2. Vedananupassanā/Feelings</b>	
kāyapassaddhi	physical calmness; bodily tranquillity; stilling of distress in the three aggregates of feeling, perception and thinking.
Dukkhavedanā	painful feeling; unpleasantness sensation; bad experience
Sukhavedanā	comfortable feeling; pleasantness sensation; good felt experience
Adukkhamasukhavedanā	neither unpleasantness not pleasantness feeling; neutral feeling
<b>3. Cittānupassanā</b>	
Cittānupassanā	mind-watching; contemplating the mind
Cittā	Mind, consciousness, mental state. Sometimes used synonymously with Manas or Viññāṇa.
<b>4. Dhammanupassana</b>	
Dhamma	Mental Contents, Mental things, etc.
Samādhi	Perfect peace of mind; stability of mind; stillness of mind; mental composure

# Glossary of Pāli Terms and Buddhist Concepts 2

<b>Observing Principles</b>		
Pañcanīvaraṇa	5 hindrances; 5 obstacles; obstruction; 5 barriers; blocking; covering	
kāmacchanda	Sensual desire: interest in sensual pleasure; sensual desire (for); sensual impulse (for)	
byāpādanīvaraṇa	Ill-will: obstacle of ill-will; hindrance of disliking	
thinamiddha	dullness; drowsiness; fuzziness; sluggishness;	
Uddhacca	restlessness and anxiety	
kukkucca	remorse; regret; repentance;	
Vicikiccha	sceptical doubt	
<b>The 5 Aggregates</b>		
Khandha	mass; heap; pile; volume; aggregation, combination, conglomeration	
rūpa	body or form: matter; material thing; materiality; experience of material world; physical objects of consciousness; first of the five aggregates;	
Vedanā	(pleasant, unpleasant or neutral) felt experience; feeling; sensation; second of the five aggregates; lit. causing to know	
Sañña	perceiving; regarding (as) percipient (of); conscious (of); aware (of) having perceptions; having conceptions	
saṅkharā	restored, prepared, put together.	
viññāṇa	awareness; consciousness; mind; fifth of the five aggregates	
kilesa	rope; bond; fetter; binding	
paṭipassati	sees; sees within oneself (that); sees internally (that)	
<b>Organ</b>	<b>Consciousness</b>	<b>Object</b>
<b>Akkhi/Eye</b>	<b>Cakkhu Viññāṇa</b>	<b>Rūpa/form</b>
<b>Nāsā/Nose</b>	<b>Ghana Viññāṇa</b>	<b>Ghana/Smell</b>
<b>Sota/Ear</b>	<b>Sota Viññāṇa</b>	<b>Sadda/sound</b>
<b>Jivhā/Tongue</b>	<b>Jivhā Viññāṇa</b>	<b>rasa/Taste</b>
<b>Kaya/Body</b>	<b>Kaya Viññāṇa</b>	<b>Touch &amp; Sensation /physical body</b>

# Glossary of Pāli Terms and Buddhist Concepts 3

Mano/mind	Mano Viññāṇa	mental +object/ Emotions
<b>(Satta Bojjhaṅgā) Seven Factors of Bodhi (Awakening, Understanding)</b>		
Sati		Mindfulness: memory; remembering; recollection; keeping in mind; mindfulness; presence; recollection; awareness
Dhamma Vicaya		investigation of reality; examining states; analysing the teaching
Viriya		effort; energy; might; power; willpower; determination
Pīti		Joy: delight; heartfelt joy; pleasure; feeling of love; lovely feeling
Passaddhi		calm; tranquillity; tranquillization; peace; stillness; serenity
Samādhi		Concentration or Unification: perfect peace of mind; stability of mind; stillness of mind; mental composure; stability; stabilizer;
Upekkhā		Equanimity: disinterested, unaffected
<b>The Truths</b>		
Ariyasacca		Suffering: truth of the Buddha; noble truth
Samudayasacca		Origin of suffering: second noble truth; truth of origination
Nirodhasacca		Cessation of suffering: truth of cessation; reality of termination; third noble truth
Maggasacca		truth of the path; fourth noble truth
<b>Four Right Exertions/Efforts/Striving - (Sammāpadhana)</b>		
Anuppādāya		preventing, prohibiting, keeping off arisen akusala unskillful states incompetent; inexperienced
Pahānāya		Effort for the abandoning akusala of the already arisen unskillful states
Uppādāya		Effort for arising/sustain & increasing of arisen of skillful states.

# Glossary of Pāli Terms and Buddhist Concepts 4

Thitiyā	non-confusion, increase, plenitude, development, & culmination of skillful qualities that have arisen
<b>Four Bases of Spiritual Power (Cattāro Iddhipādā)</b>	
Cattāro Iddhipādā	Basis for success; road to power; basis for spiritual power.
1. Chanda	aspiration; intention; interest (in); desire (for); wish (for); (to); impulse (for); consent; agreement; approval
2. Vīrya	effort; energy; might; power.
3. Citta	Mind, thoughts
4. vīmaṃsā	inquiry; judgement; investigation; discrimination; choice; approval
<b>Five Spiritual Faculties (Pañca Indriya)</b>	
pañca indriya	sense; mental faculty; power;
saddhā	faithful; confident; believing; devoted; trusting; having faith
virīya	effort; energy; might; power;
Sati	memory; remembering; recollection; keeping in mind; mindfulness; presence; recollection; awareness
Samādhi	perfect peace of mind; stability of mind; stillness of mind; mental composure; stability; stabilizer;
paññā	wisdom; knowledge; understanding; insight; distinctive knowledge; with wisdom; with intelligence; with understanding
<b>Five Strengths (Pañca Bala)</b>	
pañca bala	strength; power; might; mental power; Dhamma strength; army; military force
Saddhā bala	power of confidence; strength of faith (in); belief (in); trust (in); putting heart – overcome doubt
Virīya bala	effort; energy; might; power; - Overcome laziness
Sati bala	memory; remembering; recollection; keeping in mind; mindfulness;

# Glossary of Pāli Terms and Buddhist Concepts 5

	presence; recollection; awareness – to be alert
Samādhi bala	perfect peace of mind; stability of mind; stillness of mind; mental composure; stability; stabilizer; - calming the mind
Paññā bala	wisdom; knowledge; understanding; insight; distinctive knowledge; with wisdom; with intelligence; with understanding - with understanding
<b>Ariya Aṭṭhaṅgika Magga (Noble Eightfold Path)</b>	
sammā	proper; right; correct; perfect
sammādiṭṭhi	Right Understanding: having right view; correct outlook; correct belief
sammāsaṅkappa	Right Intention: With correct intention; having right volition
sammāvācā	Right speech: with correct speech; speaking properly
Sammākammanta	Right Action: correct behaviour; wholesome conduct; with wholesome conduct; acting ethically
Sammāājīva	Right livelihood; right mode of earning a living; with correct livelihood; having right mode of earning a living.
Sammāvāyāma	correct effort; energy; right striving with correct effort; having right endeavour
Sammāsati	Right Mindfulness: with correct present moment awareness; having perfect memory right mindfulness; perfect presence; correct awareness
sammāsamādhi	Right Concentration/Unification: perfect stability of mind; correct mental composure. having perfect stability of mind; with correct mental composure.
<b>Salāyatana</b>	
salāyatana	six sense fields; six sense bases; related to the six sense fields
cakkhu	Eye   Forms
sota	Ear   awareness of sounds
Nāsā/ gandha	Nose   Odours

# Glossary of Pāli Terms and Buddhist Concepts 6

jivhā/rasa	Tongue   Tastes
kaya	Body   Tangible things
Citta	Mind   Think
<b>Paṭiccasamuppāda (12 links)</b>	
paṭiccasamuppāda	arising together from a cause; chain of causation; dependent origination
Avijjā	ignorance; illusion; not knowing; not understanding
Saṅkhāra	<b>Mental formations:</b> <ol style="list-style-type: none"> <li>1. <b>Kāyasaṅkhāra:</b> physical process; bodily function/action; in and out breathing</li> <li>2. <b>Vacīsaṅkhāra:</b> verbal formations (in the mind); thoughts in language; internal dialogue; intention which results in verbal action.</li> <li>3. <b>Cittasaṅkhāra:</b> mental activity; thought formation; feeling and perception; intention which results in mental action</li> </ol>
viññāṇa	Consciousness; awareness; mind; fifth of the five aggregates; knowing; knowing; understanding; divided knowing;
nāmarūpa	name and form; naming and materiality; mental and physical phenomena; physical and mental objects of consciousness
saḷāyatana	six sense organs or fields; six sense bases.
phassa	Contact: sense impingement; raw experience; touch
Vedana	Feelings (pleasant, unpleasant or neutral) felt experience; feeling; sensation; second of the five aggregates; causing to know
taṇha	with craving (for); having desire (for); with thirst
upādāna	Clinging; fuel (for fire); taking near; grasping; clinging; acquiring; appropriating; taking possession; identifying

# Glossary of Pāli Terms and Buddhist Concepts 7

bhava	Becoming or be; you must be! being; becoming; existence; state of existence; form of becoming;
jāti	birth; rebirth; conception; age; years
jarāmaraṇaṃ	old age and death; ageing and dying
soka	grief; sorrow; sadness (over)
parideva	Lamentation; wailing; crying
Dukkhadomanass	Pain; Uncomfortable, discomfort; suffering; unease; unpleasantness; something unsatisfactory; trouble; a bummer; stress discomfort and distress; pain and stress; physical pain and mental suffering
upāyāsa	Distress; affliction; difficulty; trouble; despair; irritation; being upset; internal unrest
sambhavanti	Generate or produced.